



Tanning Recommendations (what to do before you tan)

We recommend that you do not tan after 8pm because the tan can stain your hands while sleeping. If a tan is done after 8pm or late at night, please note and wear cloth gloves during sleep.

Step 1 (The day before your tan)

Shave all areas that you normally shave. **DO NOT** shave the day of the tan to prevent minor spotting. **Exfoliate** with a washcloth or one of our recommended skin products (this is not mandatory but will help) **FOR BEST RESULTS USE NON MOISTERIZING SOAP OR WASH! NOTE: DO NOT USE DOVE PRODUCTS ESPECIALLY DUE TO THE PH INTERFERS WITH COLOR COMPONENT IN SPRAY AND MAY CAUSE AN ORANGE HUE ONCE DEVELOPED.**

Step 2 (The same day you receive your tan)

DO NOT use any body lotion, body cream, make up or perfume the day you will be tanning. **DO NOT** shave the day of the tan to prevent minor spotting. **DO NOT wax any areas** of your body including your face the day of your tan. **DO NOT** put on any under arm deodorant (powders or lotions)

Wear dark, loose fitting clothing (NO tight fitting clothing, socks, or tight fitting shoe apparel) Cotton clothing is optimal (tanning bronzer stains will wash out of most cotton clothing)

Please bring a bathing suite or underwear or other suitable tanning attire if you prefer. Otherwise, disposable things are supplied for use during tan application.

Tanning Recommendations (what to do after you tan)

Once your tan is applied, **allow it to dry completely** (we will ensure that your application is dry) **We recommend that you wear dark, loose fitting clothing** after your appointment

Any minor rub-off will easily wash out of most fabrics. **Do not wet your skin** for at least 6 to 8 hours after the tanning session. **No shower or bath for at least 6 to 8 hours** (it is best to wait until the next morning. Your tan will last longer if you **DO NOT** bath or shower the same day of your tan unless directed otherwise by Jacquelynn, as this **ONLY** is to be acceptable if/ when accelerated 2-4 hours develop spray solutions has been applied. Then and **ONLY** then client will be directed hours till shower.

IMPORTANT: showering before recommended developing time will cause tan to be muted and longevity minimal. We also recommend that you **do not exercise or perspire excessively** until the next day after your tan. **Avoid** touching or rubbing any tanned areas

All tanning colors will wash out of clothing and bedding. When you do shower or bath **DO NOT** scrub your body with a wash cloth (Use wash cloth gently and soap only)

When showering or bathing **DO NOT** be concerned if some of the initial bronzer wash off. This is part of the spray on tanning process, and your skin will continue to tan. **DO NOT** exfoliate the skin for duration of 7 days after tanning solution applied. Tan will fade gracefully.

Always EXFOLIATE and remove ALL remaining residual tan before coming for additional sessions, special note to weekly session clients.

Daily use of Body Lotion is recommended to extend the results. The use of other gradual tan lotions is **NOT** recommended as ingredients may counter react with cosmeceutical grade solution we use and color distortion is possible.

I offer for retail sale CA Tan ~instant sunless spray in 8oz aerosol can that can be purchased to use between tan sessions to extend tan or for quick glow.

Your tan will naturally fader over a period of days (each tan should last about 7 to 10 days) Spray tan solution does **NOT** contain sunscreen and will not protect you from the sun's UV rays. I recommend aerosol type sunscreen for best results and will not affect tan.

For more information contact Jacquelynn ~ 239.404.2030 mobile

